Knowing Our Body

Our body has many parts. Each part is known by a name. All the parts of our body work together with each other. Different parts of our body help us to do different types of work.

These are my body parts.

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Answer this:

How do you work? I work with the help of my ____________.
LEGGS AND FEET

Look at these pictures:

Walk
Run
Jump
Skip
Pull
Push

Our legs and feet help us to walk, run, jump, skip, pull, push, etc.*

*etc. is abbreviation of et cetera. It means – and other similar things.
HANDS

Look at these pictures:

Write

Eat

Hold

Carry

Throw

Paint

Our hands help us to write, eat, carry, hold, throw, paint, etc.
SENSE ORGANS

We have five sense organs. They are – eyes, ears, nose, tongue and skin.

Our eyes help us to see. Our ears help us to hear.

Our nose helps us to smell. Our tongue helps us to taste.

Our skin helps us to feel.

We should take care of our body parts.

FACT BOX  Skin is the largest sense organ.
LET’S RECAP

1. Our body has many parts.
2. Our legs and feet help us to run, walk, jump, skip, etc.
3. Our hands help us to write, hold, eat, carry, etc.
4. We have five sense organs — eyes, ears, nose, tongue and skin.

Answer time!

For Summative and Formative Assessment

1. Match the following:

   Skin  Ear  Nose  Eye  Tongue

2. Tick (✓) the right answer:
   (a) I run with my:
       (i) hands  (ii) legs  (iii) eyes  (iv) ears
   (b) I read with my:
       (i) eyes  (ii) ears  (iii) hands  (iv) legs
   (c) I hold things with my:
       (i) mouth  (ii) hands  (iii) eyes  (iv) ears
   (d) I hear with my:
       (i) eyes  (ii) ears  (iii) hands  (iv) legs
3. Fill in the blanks with the help of the words given in the box: two one two five

(a) I have _____________ sense organs.
(b) I have _____________ hands.
(c) I have _____________ ears.
(d) I have _____________ nose.

4. Complete the following statements:

(a) Our hands help us to ________________.
(b) Our tongue helps us to ________________.
(c) Our eyes help us to ________________.
(d) We have five ________________.

**HOTS Question (Higher Order Thinking Skill)**

(a) Write down the names of five organs that are inside our body.

(i) ________________
(ii) ________________
(iii) ________________
(iv) ________________
(v) ________________

**For Formative Assessment**

**Activity-1**
Put some objects like a spoon, a comb, an apple, a pencil, a flower, deodorant, etc., in a basket.

Blindfold your partner and ask him/her to identify objects by smelling/touching or tasting.

**Activity-2**
Paste your picture on a drawing sheet. Describe yourself in five lines.

For example, I am a boy/girl, I have brown/black hair, I have brown/black/grey/green eyes, etc.